



I expected someone to take my number for a return call. Instead, I had a conversation right away.

I got help with my problem and it didn't cost me a thing. I even received a follow-up call to make sure I was doing okay!

LifeMatters made me feel like someone was taking care of me for a change.



LifeMatters® By Empathia

800-367-7474 24/7/365 toll-free

Call collect to **262-574-2509** if outside of North America

Language assistance services in your preferred spoken and written languages are available at no cost by calling **800-367-7474**.

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For further information, see your Human Resource Department for "Combined Evidence of Coverage/Disclosure Form" or call us at 800-367-7474. In addition, our member website, mylifematters.com, has information about EAP benefits. Should you have a service complaint, call or write us. You can also log onto mylifematters.com, and select Grievance Policy and Form.

LifeMatters®

By Empathia

Assistance with
**Life, Work, Family,
and Wellbeing**

